**(New) Google Doc Journal Prompts**

This document will be updated and provided to you along with weekly assignments. This journal will include prompts designed for you to offer deep reflection about various topics and issues; some serious and others lighthearted. Journal writing can be quite therapeutic and I want you to take it seriously (this is not busy work!). Consider this: your journal can actually serve as a historical record of one of the most significant moments in human history. Your writing, words, thoughts, and emotions can be preserved by you and I guarantee they will serve an important value to you in the future.

Each of your entries must be approximately 250 words

**April 7-10**

Journal #1: What has the COVID-19 quarantine, social distancing and boredom taught you about yourself? Explain.

Journal #2: Describe your bedroom. How does it describe you? Explain.